



YOU WILL NEVER RUN ALONE

Diploma

RICARDO FERREIRA

Race number: 3012 | Gender: M
Nationality: PORTUGAL
Club: PHOENIX EVORUN

Place: 1537 Age Group: M35 Place Age Group: 224

Time (iliquid): 3:56:03	Pace: 0:05:34	Time (liquid): 3:53:59
Check-Point nº 1 - 5k: 0:27:25	Check-Point nº 2 - 10k: 0:52:09	Check-Point nº 3 - 15k: 1:16:43
Check-Point nº 4 - 19.4k: 1:38:34	Check-Point nº 5 - 20k: 1:41:32	Check-Point nº 6 - 20.2k: 1:42:21
Check-Point nº 7 - MM: 1:46:58	Check-Point nº 8 - 25k: 2:06:46	Check-Point nº 9 - 25.2k: 2:07:42
Check-Point nº 10 - 30k: 2:34:00	Check-Point nº 11 - 35k: 3:04:59	Check-Point nº 12 - 40k: 3:40:52
Check-Point nº 13 - 41.1k: 3:49:15		