



YOU WILL NEVER RUN ALONE

Diploma

MANUEL MARTINS

Race number: 817 | Gender: M
Nationality: PORTUGAL
Club: AVES RUNNERS

Place: 441 Age Group: M50 Place Age Group: 58

Time (iliquid): 3:19:51	Pace: 0:04:45	Time (liquid): 3:19:39
Check-Point nº 1 - 5k: 0:23:21	Check-Point nº 2 - 10k: 0:46:28	Check-Point nº 3 - 15k: 1:09:32
Check-Point nº 4 - 19.4k: 1:29:40	Check-Point nº 5 - 20k: 1:32:26	Check-Point nº 6 - 20.2k: 1:33:12
Check-Point nº 7 - MM: 1:37:25	Check-Point nº 8 - 25k: 1:55:42	Check-Point nº 9 - 25.2k: 1:56:28
Check-Point nº 10 - 30k: 2:19:11	Check-Point nº 11 - 35k: 2:43:42	Check-Point nº 12 - 40k: 3:08:51
Check-Point nº 13 - 41.1k: 3:14:42		