



YOU WILL NEVER RUN ALONE

Diploma

NUNO SILVA

Race number: 3038 | Gender: M

Nationality: PORTUGAL

Club: DAR - DESPORTIVO ATLÉTICO DE RECARDÃES

Place: 602

Age Group: M45

Place Age Group: 102

Time (iliquid): 3:27:54

Pace: 0:04:56

Time (liquid): 3:27:50

Check-Point nº 1 - 5k: 0:19:43

Check-Point nº 2 - 10k: 0:39:32

Check-Point nº 3 - 15k: 0:59:48

Check-Point nº 4 - 19.4k: 1:18:44

Check-Point nº 5 - 20k: 1:21:21

Check-Point nº 6 - 20.2k: 1:22:05

Check-Point nº 7 - MM: 1:26:10

Check-Point nº 8 - 25k: 1:44:08

Check-Point nº 9 - 25.2k: 1:44:54

Check-Point nº 10 - 30k: 2:11:12

Check-Point nº 11 - 35k: 2:39:53

Check-Point nº 12 - 40k: 3:15:01

Check-Point nº 13 - 41.1k: 3:21:56