



YOU WILL NEVER RUN ALONE

## Diploma

# ALVARO MIGUEL SAMPAIO CARNEIRO

Race number: 908 | Gender: M

Nationality: PORTUGAL

Club: JOANINHA VOA VOA

Place: 751

Age Group: M35

Place Age Group: 122

Time (iliquid): 3:32:43

Pace: 0:05:03

Time (liquid): 3:32:13

Check-Point nº 1 - 5k: 0:25:12

Check-Point nº 2 - 10k: 0:49:55

Check-Point nº 3 - 15k: 1:14:23

Check-Point nº 4 - 19.4k: 1:35:43

Check-Point nº 5 - 20k: 1:38:36

Check-Point nº 6 - 20.2k: 1:39:28

Check-Point nº 7 - MM: 1:43:59

Check-Point nº 8 - 25k: 2:03:27

Check-Point nº 9 - 25.2k: 2:04:17

Check-Point nº 10 - 30k: 2:28:47

Check-Point nº 11 - 35k: 2:54:26

Check-Point nº 12 - 40k: 3:21:22

Check-Point nº 13 - 41.1k: 3:27:35

