



**YOU WILL NEVER RUN ALONE**

Diploma

**ALY WARNER**

Race number: 6055 | Gender: F

Nationality: ROYAUME-UNI

Club: LINGFIELD RC

Place: 2653

Age Group: F45

Place Age Group: 62

Time (iliquid): 4:31:34

Pace: 0:06:22

Time (liquid): 4:28:03

Check-Point nº 1 - 5k: 0:34:34

Check-Point nº 2 - 10k: 1:04:52

Check-Point nº 3 - 15k: 1:34:34

Check-Point nº 4 - 19.4k: 2:00:35

Check-Point nº 5 - 20k: 2:04:10

Check-Point nº 6 - 20.2k: 2:05:12

Check-Point nº 7 - MM: 2:10:38

Check-Point nº 8 - 25k: 2:34:35

Check-Point nº 9 - 25.2k: 2:35:41

Check-Point nº 10 - 30k: 3:06:12

Check-Point nº 11 - 35k: 3:39:28

Check-Point nº 12 - 40k: 4:16:47

Check-Point nº 13 - 41.1k: 4:25:16