



**YOU WILL NEVER RUN ALONE**

Diploma

**JOSÉ CRUZ**

Race number: 954 | Gender: M  
Nationality: PORTUGAL  
Club: DURAF1 RACE TEAM

Place: 563      Age Group: M50      Place Age Group: 72

Time (iliquid): 3:26:09	Pace: 0:04:54	Time (liquid): 3:25:55
Check-Point nº 1 - 5k: 0:22:16	Check-Point nº 2 - 10k: 0:43:40	Check-Point nº 3 - 15k: 1:05:25
Check-Point nº 4 - 19.4k: 1:24:55	Check-Point nº 5 - 20k: 1:27:41	Check-Point nº 6 - 20.2k: 1:28:29
Check-Point nº 7 - MM: 1:32:51	Check-Point nº 8 - 25k: 1:51:24	Check-Point nº 9 - 25.2k: 1:52:17
Check-Point nº 10 - 30k: 2:16:33	Check-Point nº 11 - 35k: 2:42:30	Check-Point nº 12 - 40k: 3:13:20
Check-Point nº 13 - 41.1k: 3:20:27		