



YOU WILL NEVER RUN ALONE

Diploma

IVA FERREIRA

Race number: 6178 | Gender: F
Nationality: PORTUGAL
Club: VIANA RUNNERS

Place: 3466 Age Group: F40 Place Age Group: 101

Time (iliquid): 5:16:24	Pace: 0:07:27	Time (liquid): 5:13:24
Check-Point nº 1 - 5k: 0:38:48	Check-Point nº 2 - 10k: 1:13:36	Check-Point nº 3 - 15k: 1:49:16
Check-Point nº 4 - 19.4k: 2:20:23	Check-Point nº 5 - 20k: 2:24:45	Check-Point nº 6 - 20.2k: 2:25:59
Check-Point nº 7 - MM: 2:32:51	Check-Point nº 8 - 25k: 3:01:36	Check-Point nº 9 - 25.2k: 3:02:51
Check-Point nº 10 - 30k: 3:39:01	Check-Point nº 11 - 35k: 4:17:27	Check-Point nº 12 - 40k: 4:58:40
Check-Point nº 13 - 41.1k: 5:08:39		