



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ LUIS ALONSO LAGO

Race number: 3287 | Gender: M

Nationality: ESPAGNE

Club:

Place: 1179

Age Group: M50

Place Age Group: 147

Time (iliquid): 3:45:21

Pace: 0:05:18

Time (liquid): 3:43:13

Check-Point nº 1 - 5k: 0:28:02

Check-Point nº 2 - 10k: 0:52:50

Check-Point nº 3 - 15k: 1:17:56

Check-Point nº 4 - 19.4k: 1:40:19

Check-Point nº 5 - 20k: 1:43:24

Check-Point nº 6 - 20.2k: 1:44:19

Check-Point nº 7 - MM: 1:49:04

Check-Point nº 8 - 25k: 2:09:27

Check-Point nº 9 - 25.2k: 2:10:30

Check-Point nº 10 - 30k: 2:36:21

Check-Point nº 11 - 35k: 3:04:00

Check-Point nº 12 - 40k: 3:32:41

Check-Point nº 13 - 41.1k: 3:39:32