



YOU WILL NEVER RUN ALONE

Diploma

JOÃO FERREIRA

Race number: 3422 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1525

Age Group: M20

Place Age Group: 349

Time (iliquid): 3:55:41

Pace: 0:05:34

Time (liquid): 3:54:22

Check-Point nº 1 - 5k: 0:29:45

Check-Point nº 2 - 10k: 0:57:47

Check-Point nº 3 - 15k: 1:24:57

Check-Point nº 4 - 19.4k: 1:48:11

Check-Point nº 5 - 20k: 1:51:20

Check-Point nº 6 - 20.2k: 1:52:15

Check-Point nº 7 - MM: 1:57:10

Check-Point nº 8 - 25k: 2:18:06

Check-Point nº 9 - 25.2k: 2:19:02

Check-Point nº 10 - 30k: 2:45:04

Check-Point nº 11 - 35k: 3:10:56

Check-Point nº 12 - 40k: 3:42:16

Check-Point nº 13 - 41.1k: 3:49:42