



YOU WILL NEVER RUN ALONE

Diploma

VASCO COSTA

Race number: 3458 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1723

Age Group: M40

Place Age Group: 255

Time (iliquid): 4:00:04

Pace: 0:05:41

Time (liquid): 3:59:14

Check-Point nº 1 - 5k: 0:25:34

Check-Point nº 2 - 10k: 0:49:55

Check-Point nº 3 - 15k: 1:14:18

Check-Point nº 4 - 19.4k: 1:36:00

Check-Point nº 5 - 20k: 1:38:58

Check-Point nº 6 - 20.2k: 1:39:49

Check-Point nº 7 - MM: 1:44:22

Check-Point nº 8 - 25k: 2:04:15

Check-Point nº 9 - 25.2k: 2:05:06

Check-Point nº 10 - 30k: 2:32:09

Check-Point nº 11 - 35k: 3:06:24

Check-Point nº 12 - 40k: 3:45:34

Check-Point nº 13 - 41.1k: 3:53:41