



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ CASTELA

Race number: 1111 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1526

Age Group: M40

Place Age Group: 236

Time (iliquid): 3:55:46

Pace: 0:05:36

Time (liquid): 3:55:12

Check-Point nº 1 - 5k: 0:26:57

Check-Point nº 2 - 10k: 0:52:40

Check-Point nº 3 - 15k: 1:18:21

Check-Point nº 4 - 19.4k: 1:40:48

Check-Point nº 5 - 20k: 1:43:53

Check-Point nº 6 - 20.2k: 1:44:45

Check-Point nº 7 - MM: 1:49:21

Check-Point nº 8 - 25k: 2:09:04

Check-Point nº 9 - 25.2k: 2:09:55

Check-Point nº 10 - 30k: 2:34:37

Check-Point nº 11 - 35k: 3:03:37

Check-Point nº 12 - 40k: 3:39:31

Check-Point nº 13 - 41.1k: 3:48:44