



YOU WILL NEVER RUN ALONE

Diploma

RUBEN CABRAL

Race number: 3464 | Gender: M

Nationality: PORTUGAL

Club:

Place: 517

Age Group: M35

Place Age Group: 80

Time (iliquid): 3:23:56

Pace: 0:04:50

Time (liquid): 3:23:04

Check-Point nº 1 - 5k: 0:26:02

Check-Point nº 2 - 10k: 0:50:17

Check-Point nº 3 - 15k: 1:14:11

Check-Point nº 4 - 19.4k: 1:35:14

Check-Point nº 5 - 20k: 1:38:07

Check-Point nº 6 - 20.2k: 1:38:56

Check-Point nº 7 - MM: 1:43:20

Check-Point nº 8 - 25k: 2:01:58

Check-Point nº 9 - 25.2k: 2:02:47

Check-Point nº 10 - 30k: 2:25:44

Check-Point nº 11 - 35k: 2:49:34

Check-Point nº 12 - 40k: 3:13:33

Check-Point nº 13 - 41.1k: 3:19:11