



YOU WILL NEVER RUN ALONE

Diploma

IVONE CARVALHO

Race number: 6555 | Gender: F

Nationality: ANGOLA

Club: MAMA MUXIMA

Place: 2990

Age Group: F40

Place Age Group: 80

Time (iliquid): 4:44:19

Pace: 0:06:42

Time (liquid): 4:41:59

Check-Point nº 1 - 5k: 0:32:12

Check-Point nº 2 - 10k: 1:01:55

Check-Point nº 3 - 15k: 1:32:21

Check-Point nº 4 - 19.4k: 1:59:41

Check-Point nº 5 - 20k: 2:03:25

Check-Point nº 6 - 20.2k: 2:04:34

Check-Point nº 7 - MM: 2:10:31

Check-Point nº 8 - 25k: 2:36:19

Check-Point nº 9 - 25.2k: 2:37:29

Check-Point nº 10 - 30k: 3:10:58

Check-Point nº 11 - 35k: 3:48:06

Check-Point nº 12 - 40k: 4:27:02

Check-Point nº 13 - 41.1k: 4:36:33

