



**YOU WILL NEVER RUN ALONE**

Diploma

**MARTINHO FERREIRA**

Race number: 3573 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3071

Age Group: M45

Place Age Group: 430

Time (iliquid): 4:47:34

Pace: 0:06:49

Time (liquid): 4:46:26

Check-Point nº 1 - 5k: 0:29:01

Check-Point nº 2 - 10k: 0:56:54

Check-Point nº 3 - 15k: 1:25:02

Check-Point nº 4 - 19.4k: 1:49:30

Check-Point nº 5 - 20k: 1:52:57

Check-Point nº 6 - 20.2k: 1:54:00

Check-Point nº 7 - MM: 1:59:15

Check-Point nº 8 - 25k: 2:26:34

Check-Point nº 9 - 25.2k: 2:28:35

Check-Point nº 10 - 30k: 2:59:03

Check-Point nº 11 - 35k: 3:35:00

Check-Point nº 12 - 40k: 4:27:06

Check-Point nº 13 - 41.1k: 4:37:44