



YOU WILL NEVER RUN ALONE

Diploma

JOÃO CAIANO GIL

Race number: 1198 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1292

Age Group: M40

Place Age Group: 212

Time (iliquid): 3:48:40

Pace: 0:05:25

Time (liquid): 3:47:53

Check-Point nº 1 - 5k: 0:26:13

Check-Point nº 2 - 10k: 0:50:26

Check-Point nº 3 - 15k: 1:14:53

Check-Point nº 4 - 19.4k: 1:36:26

Check-Point nº 5 - 20k: 1:39:27

Check-Point nº 6 - 20.2k: 1:40:16

Check-Point nº 7 - MM: 1:44:52

Check-Point nº 8 - 25k: 2:04:11

Check-Point nº 9 - 25.2k: 2:05:03

Check-Point nº 10 - 30k: 2:32:05

Check-Point nº 11 - 35k: 3:02:53

Check-Point nº 12 - 40k: 3:35:08

Check-Point nº 13 - 41.1k: 3:42:42

