



YOU WILL NEVER RUN ALONE

## Diploma

# JOÃO SANTOS SARABANDO

Race number: 1202 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1444

Age Group: M20

Place Age Group: 330

Time (iliquid): 3:53:18

Pace: 0:05:30

Time (liquid): 3:51:39

Check-Point nº 1 - 5k: 0:24:55

Check-Point nº 2 - 10k: 0:49:53

Check-Point nº 3 - 15k: 1:14:38

Check-Point nº 4 - 19.4k: 1:36:29

Check-Point nº 5 - 20k: 1:39:30

Check-Point nº 6 - 20.2k: 1:40:27

Check-Point nº 7 - MM: 1:44:59

Check-Point nº 8 - 25k: 2:04:00

Check-Point nº 9 - 25.2k: 2:04:55

Check-Point nº 10 - 30k: 2:30:28

Check-Point nº 11 - 35k: 3:04:52

Check-Point nº 12 - 40k: 3:37:56

Check-Point nº 13 - 41.1k: 3:48:00

