



YOU WILL NEVER RUN ALONE

Diploma

JOÃO PRATAS

Race number: 1300 | Gender: M

Nationality: PORTUGAL

Club: EDP

Place: 2081

Age Group: M60

Place Age Group: 61

Time (iliquid): 4:12:10

Pace: 0:05:57

Time (liquid): 4:10:32

Check-Point nº 1 - 5k: 0:28:11

Check-Point nº 2 - 10k: 0:53:55

Check-Point nº 3 - 15k: 1:19:52

Check-Point nº 4 - 19.4k: 1:42:56

Check-Point nº 5 - 20k: 1:46:15

Check-Point nº 6 - 20.2k: 1:47:35

Check-Point nº 7 - MM: 1:52:42

Check-Point nº 8 - 25k: 2:15:22

Check-Point nº 9 - 25.2k: 2:17:09

Check-Point nº 10 - 30k: 2:47:58

Check-Point nº 11 - 35k: 3:21:50

Check-Point nº 12 - 40k: 3:58:56

Check-Point nº 13 - 41.1k: 4:07:07