



YOU WILL NEVER RUN ALONE

Diploma

MÁRCIO LOURENÇO SILVA

Race number: 1389 | Gender: M

Nationality: PORTUGAL

Club: EDP C

Place: 183

Age Group: M20

Place Age Group: 54

Time (iliquid): 3:02:13

Pace: 0:04:19

Time (liquid): 3:01:57

Check-Point nº 1 - 5k: 0:21:20

Check-Point nº 2 - 10k: 0:42:40

Check-Point nº 3 - 15k: 1:03:53

Check-Point nº 4 - 19.4k: 1:22:45

Check-Point nº 5 - 20k: 1:25:22

Check-Point nº 6 - 20.2k: 1:26:04

Check-Point nº 7 - MM: 1:29:58

Check-Point nº 8 - 25k: 1:46:46

Check-Point nº 9 - 25.2k: 1:47:27

Check-Point nº 10 - 30k: 2:08:02

Check-Point nº 11 - 35k: 2:28:47

Check-Point nº 12 - 40k: 2:51:16

Check-Point nº 13 - 41.1k: 2:56:56