



YOU WILL NEVER RUN ALONE

Diploma

IVO ROCHA

Race number: 1424 | Gender: M
Nationality: PORTUGAL
Club: EDP C

Place: 3175 Age Group: M20 Place Age Group: 691

Time (iliquid): 4:53:29	Pace: 0:06:54	Time (liquid): 4:50:08
Check-Point nº 1 - 5k: 0:34:28	Check-Point nº 2 - 10k: 1:03:39	Check-Point nº 3 - 15k: 1:32:58
Check-Point nº 4 - 19.4k: 1:58:26	Check-Point nº 5 - 20k: 2:01:54	Check-Point nº 6 - 20.2k: 2:02:54
Check-Point nº 7 - MM: 2:08:17	Check-Point nº 8 - 25k: 2:31:34	Check-Point nº 9 - 25.2k: 2:32:37
Check-Point nº 10 - 30k: 3:02:50	Check-Point nº 11 - 35k: 3:42:06	Check-Point nº 12 - 40k: 4:34:20
Check-Point nº 13 - 41.1k: 4:46:12		