



YOU WILL NEVER RUN ALONE

Diploma

RUI TEIXEIRA

Race number: 30 | Gender: M
Nationality: PORTUGAL
Club: ESCOLA ATLETISMO COIMBRA

Place: 18 Age Group: M40 Place Age Group: 3

Time (iliquid): 2:30:00	Pace: 0:03:34	Time (liquid): 2:29:58
Check-Point nº 1 - 5k: 0:17:37	Check-Point nº 2 - 10k: 0:34:56	Check-Point nº 3 - 15k: 0:52:19
Check-Point nº 4 - 19.4k: 1:07:47	Check-Point nº 5 - 20k: 1:09:53	Check-Point nº 6 - 20.2k: 1:10:31
Check-Point nº 7 - MM: 1:13:47	Check-Point nº 8 - 25k: 1:27:42	Check-Point nº 9 - 25.2k: 1:28:19
Check-Point nº 10 - 30k: 1:45:50	Check-Point nº 11 - 35k: 2:03:36	Check-Point nº 12 - 40k: 2:21:43
Check-Point nº 13 - 41.1k: 2:26:05		