



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ MONTEIRO

Race number: 1719 | Gender: M
Nationality: PORTUGAL
Club: CPTBC

Place: 649 Age Group: M65 Place Age Group: 2

Time (iliquid): 3:29:15	Pace: 0:04:58	Time (liquid): 3:29:06
Check-Point nº 1 - 5k: 0:23:35	Check-Point nº 2 - 10k: 0:46:43	Check-Point nº 3 - 15k: 1:10:16
Check-Point nº 4 - 19.4k: 1:31:29	Check-Point nº 5 - 20k: 1:34:26	Check-Point nº 6 - 20.2k: 1:35:19
Check-Point nº 7 - MM: 1:39:50	Check-Point nº 8 - 25k: 1:58:56	Check-Point nº 9 - 25.2k: 1:59:53
Check-Point nº 10 - 30k: 2:24:29	Check-Point nº 11 - 35k: 2:49:51	Check-Point nº 12 - 40k: 3:16:55
Check-Point nº 13 - 41.1k: 3:23:30		