



**YOU WILL NEVER RUN ALONE**

Diploma

**RICARDO RODRIGUES**

Race number: 1748 | Gender: M

Nationality: PORTUGAL

Club: ELCT

Place: 340

Age Group: M45

Place Age Group: 57

Time (iliquid): 3:14:31

Pace: 0:04:37

Time (liquid): 3:14:26

Check-Point nº 1 - 5k: 0:21:34

Check-Point nº 2 - 10k: 0:42:49

Check-Point nº 3 - 15k: 1:04:01

Check-Point nº 4 - 19.4k: 1:22:51

Check-Point nº 5 - 20k: 1:25:27

Check-Point nº 6 - 20.2k: 1:26:11

Check-Point nº 7 - MM: 1:30:08

Check-Point nº 8 - 25k: 1:47:53

Check-Point nº 9 - 25.2k: 1:48:42

Check-Point nº 10 - 30k: 2:12:19

Check-Point nº 11 - 35k: 2:36:51

Check-Point nº 12 - 40k: 3:02:59

Check-Point nº 13 - 41.1k: 3:09:22