



YOU WILL NEVER RUN ALONE

Diploma

JOEL COUTO

Race number: 1751 | Gender: M

Nationality: PORTUGAL

Club: GAUB

Place: 64

Age Group: M45

Place Age Group: 9

Time (iliquid): 2:47:42

Pace: 0:03:59

Time (liquid): 2:47:39

Check-Point nº 1 - 5k: 0:18:45

Check-Point nº 2 - 10k: 0:37:15

Check-Point nº 3 - 15k: 0:55:58

Check-Point nº 4 - 19.4k: 1:12:15

Check-Point nº 5 - 20k: 1:14:29

Check-Point nº 6 - 20.2k: 1:15:07

Check-Point nº 7 - MM: 1:18:32

Check-Point nº 8 - 25k: 1:34:02

Check-Point nº 9 - 25.2k: 1:35:03

Check-Point nº 10 - 30k: 1:54:57

Check-Point nº 11 - 35k: 2:16:19

Check-Point nº 12 - 40k: 2:38:04

Check-Point nº 13 - 41.1k: 2:43:15