



**YOU WILL NEVER RUN ALONE**

Diploma

**ANA LOURIDO**

Race number: 1761 | Gender: F  
Nationality: PORTUGAL  
Club: IND

Place: 416      Age Group: F40      Place Age Group: 2

Time (iliquid): 3:18:40	Pace: 0:04:43	Time (liquid): 3:18:26
Check-Point nº 1 - 5k: 0:24:23	Check-Point nº 2 - 10k: 0:48:09	Check-Point nº 3 - 15k: 1:11:46
Check-Point nº 4 - 19.4k: 1:32:25	Check-Point nº 5 - 20k: 1:35:14	Check-Point nº 6 - 20.2k: 1:36:01
Check-Point nº 7 - MM: 1:40:18	Check-Point nº 8 - 25k: 1:58:47	Check-Point nº 9 - 25.2k: 1:59:34
Check-Point nº 10 - 30k: 2:22:16	Check-Point nº 11 - 35k: 2:45:09	Check-Point nº 12 - 40k: 3:08:29
Check-Point nº 13 - 41.1k: 3:13:54		