



YOU WILL NEVER RUN ALONE

Diploma

PEDRO RAMOS

Race number: 300 | Gender: M

Nationality: PORTUGAL

Club: LACTOGAL

Place: 2984

Age Group: M55

Place Age Group: 177

Time (iliquid): 4:44:16

Pace: 0:06:42

Time (liquid): 4:41:58

Check-Point nº 1 - 5k: 0:32:00

Check-Point nº 2 - 10k: 1:01:39

Check-Point nº 3 - 15k: 1:31:13

Check-Point nº 4 - 19.4k: 1:57:06

Check-Point nº 5 - 20k: 2:00:40

Check-Point nº 6 - 20.2k: 2:01:52

Check-Point nº 7 - MM: 2:07:19

Check-Point nº 8 - 25k: 2:31:18

Check-Point nº 9 - 25.2k: 2:32:34

Check-Point nº 10 - 30k: 3:03:01

Check-Point nº 11 - 35k: 3:42:22

Check-Point nº 12 - 40k: 4:27:21

Check-Point nº 13 - 41.1k: 4:37:38

