



**YOU WILL NEVER RUN ALONE**

Diploma

**CERDEIRA PAULO**

Race number: 2502 | Gender: M

Nationality: PORTUGAL

Club:

Place: 612

Age Group: M45

Place Age Group: 104

Time (iliquid): 3:28:04

Pace: 0:04:56

Time (liquid): 3:27:15

Check-Point nº 1 - 5k: 0:25:07

Check-Point nº 2 - 10k: 0:49:51

Check-Point nº 3 - 15k: 1:14:34

Check-Point nº 4 - 19.4k: 1:36:26

Check-Point nº 5 - 20k: 1:39:28

Check-Point nº 6 - 20.2k: 1:40:22

Check-Point nº 7 - MM: 1:44:56

Check-Point nº 8 - 25k: 2:03:58

Check-Point nº 9 - 25.2k: 2:04:50

Check-Point nº 10 - 30k: 2:28:41

Check-Point nº 11 - 35k: 2:52:47

Check-Point nº 12 - 40k: 3:17:11

Check-Point nº 13 - 41.1k: 3:22:59