



YOU WILL NEVER RUN ALONE

Diploma

CARLOS FERREIRA

Race number: 785 | Gender: M
Nationality: PORTUGAL
Club: VISEU 360

Place: 1693 Age Group: M45 Place Age Group: 265

Time (iliquid): 3:59:30	Pace: 0:05:39	Time (liquid): 3:57:52
Check-Point nº 1 - 5k: 0:29:01	Check-Point nº 2 - 10k: 0:56:09	Check-Point nº 3 - 15k: 1:23:50
Check-Point nº 4 - 19.4k: 1:48:09	Check-Point nº 5 - 20k: 1:51:36	Check-Point nº 6 - 20.2k: 1:52:52
Check-Point nº 7 - MM: 1:58:03	Check-Point nº 8 - 25k: 2:19:53	Check-Point nº 9 - 25.2k: 2:20:58
Check-Point nº 10 - 30k: 2:48:14	Check-Point nº 11 - 35k: 3:16:25	Check-Point nº 12 - 40k: 3:46:04
Check-Point nº 13 - 41.1k: 3:53:28		