



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ SILVA

Race number: 530 | Gender: M
Nationality: PORTUGAL
Club: A.D.GRIJÓ A CORRER

Place: 795 Age Group: M50 Place Age Group: 97

Time (iliquid): 3:34:23	Pace: 0:05:05	Time (liquid): 3:34:09
Check-Point nº 1 - 5k: 0:24:52	Check-Point nº 2 - 10k: 0:49:52	Check-Point nº 3 - 15k: 1:14:33
Check-Point nº 4 - 19.4k: 1:36:26	Check-Point nº 5 - 20k: 1:39:28	Check-Point nº 6 - 20.2k: 1:40:21
Check-Point nº 7 - MM: 1:44:58	Check-Point nº 8 - 25k: 2:03:57	Check-Point nº 9 - 25.2k: 2:04:50
Check-Point nº 10 - 30k: 2:28:42	Check-Point nº 11 - 35k: 2:53:44	Check-Point nº 12 - 40k: 3:19:38
Check-Point nº 13 - 41.1k: 3:27:16		