



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ SILVA

Race number: 547 | Gender: M
Nationality: PORTUGAL
Club: EV-PERALTAFIL

Place: 243 Age Group: M55 Place Age Group: 13

Time (iliquid): 3:08:06	Pace: 0:04:28	Time (liquid): 3:07:56
Check-Point nº 1 - 5k: 0:21:49	Check-Point nº 2 - 10k: 0:42:48	Check-Point nº 3 - 15k: 1:04:04
Check-Point nº 4 - 19.4k: 1:22:49	Check-Point nº 5 - 20k: 1:25:27	Check-Point nº 6 - 20.2k: 1:26:12
Check-Point nº 7 - MM: 1:30:05	Check-Point nº 8 - 25k: 1:46:48	Check-Point nº 9 - 25.2k: 1:47:36
Check-Point nº 10 - 30k: 2:08:58	Check-Point nº 11 - 35k: 2:32:38	Check-Point nº 12 - 40k: 2:56:29
Check-Point nº 13 - 41.1k: 3:02:23		