



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ CARLOS FERNANDES

Race number: 5560 | Gender: M
Nationality: PORTUGAL
Club: ARCD VENDA DA LUISA

Place: 2837 Age Group: M60 Place Age Group: 93

Time (iliquid): 4:38:37	Pace: 0:06:34	Time (liquid): 4:35:48
Check-Point nº 1 - 5k: 0:33:54	Check-Point nº 2 - 10k: 1:02:55	Check-Point nº 3 - 15k: 1:32:59
Check-Point nº 4 - 19.4k: 1:59:34	Check-Point nº 5 - 20k: 2:03:33	Check-Point nº 6 - 20.2k: 2:05:20
Check-Point nº 7 - MM: 2:11:11	Check-Point nº 8 - 25k: 2:37:06	Check-Point nº 9 - 25.2k: 2:38:48
Check-Point nº 10 - 30k: 3:11:31	Check-Point nº 11 - 35k: 3:47:06	Check-Point nº 12 - 40k: 4:23:28
Check-Point nº 13 - 41.1k: 4:32:00		