



**YOU WILL NEVER RUN ALONE**

Diploma

**TOMÁS CASTRO**

Race number: 5653 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2144

Age Group: M35

Place Age Group: 296

Time (iliquid): 4:14:45

Pace: 0:06:00

Time (liquid): 4:12:07

Check-Point nº 1 - 5k: 0:30:17

Check-Point nº 2 - 10k: 0:56:15

Check-Point nº 3 - 15k: 1:21:41

Check-Point nº 4 - 19.4k: 1:43:50

Check-Point nº 5 - 20k: 1:46:50

Check-Point nº 6 - 20.2k: 1:47:42

Check-Point nº 7 - MM: 1:52:19

Check-Point nº 8 - 25k: 2:12:39

Check-Point nº 9 - 25.2k: 2:13:33

Check-Point nº 10 - 30k: 2:40:07

Check-Point nº 11 - 35k: 3:15:48

Check-Point nº 12 - 40k: 3:56:00

Check-Point nº 13 - 41.1k: 4:06:16