



YOU WILL NEVER RUN ALONE

Diploma

MARIA JOÃO VARELA

Race number: 2689 | Gender: F
Nationality: PORTUGAL
Club: ALMA

Place: 2724 Age Group: F45 Place Age Group: 63

Time (iliquid): 4:34:32	Pace: 0:06:30	Time (liquid): 4:33:29
Check-Point nº 1 - 5k: 0:31:57	Check-Point nº 2 - 10k: 1:02:12	Check-Point nº 3 - 15k: 1:32:37
Check-Point nº 4 - 19.4k: 1:59:26	Check-Point nº 5 - 20k: 2:03:06	Check-Point nº 6 - 20.2k: 2:04:15
Check-Point nº 7 - MM: 2:09:54	Check-Point nº 8 - 25k: 2:34:27	Check-Point nº 9 - 25.2k: 2:35:55
Check-Point nº 10 - 30k: 3:08:24	Check-Point nº 11 - 35k: 3:42:07	Check-Point nº 12 - 40k: 4:20:44
Check-Point nº 13 - 41.1k: 4:28:06		