



YOU WILL NEVER RUN ALONE

Diploma

PAULO FERREIRA

Race number: 5680 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2983

Age Group: M50

Place Age Group: 362

Time (iliquid): 4:44:16

Pace: 0:06:41

Time (liquid): 4:40:56

Check-Point nº 1 - 5k: 0:34:33

Check-Point nº 2 - 10k: 1:05:00

Check-Point nº 3 - 15k: 1:35:25

Check-Point nº 4 - 19.4k: 2:01:55

Check-Point nº 5 - 20k: 2:05:45

Check-Point nº 6 - 20.2k: 2:06:56

Check-Point nº 7 - MM: 2:12:43

Check-Point nº 8 - 25k: 2:38:11

Check-Point nº 9 - 25.2k: 2:39:39

Check-Point nº 10 - 30k: 3:13:10

Check-Point nº 11 - 35k: 3:51:42

Check-Point nº 12 - 40k: 4:29:58

Check-Point nº 13 - 41.1k: 4:37:37