



**YOU WILL NEVER RUN ALONE**

Diploma

**HELDER PINTO**

Race number: 2771 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1387

Age Group: M40

Place Age Group: 219

Time (iliquid): 3:52:05

Pace: 0:05:29

Time (liquid): 3:50:50

Check-Point nº 1 - 5k: 0:27:37

Check-Point nº 2 - 10k: 0:53:30

Check-Point nº 3 - 15k: 1:19:17

Check-Point nº 4 - 19.4k: 1:42:07

Check-Point nº 5 - 20k: 1:45:16

Check-Point nº 6 - 20.2k: 1:46:14

Check-Point nº 7 - MM: 1:51:08

Check-Point nº 8 - 25k: 2:11:54

Check-Point nº 9 - 25.2k: 2:12:52

Check-Point nº 10 - 30k: 2:38:42

Check-Point nº 11 - 35k: 3:05:37

Check-Point nº 12 - 40k: 3:37:35

Check-Point nº 13 - 41.1k: 3:45:47