



**YOU WILL NEVER RUN ALONE**

Diploma

**VERA MIGUEL**

Race number: 5743 | Gender: F  
Nationality: PORTUGAL  
Club: TIMIM

Place: 3417      Age Group: F40      Place Age Group: 97

Time (iliquid): 5:11:40	Pace: 0:07:20	Time (liquid): 5:08:04
Check-Point nº 1 - 5k: 0:35:28	Check-Point nº 2 - 10k: 1:06:47	Check-Point nº 3 - 15k: 1:44:04
Check-Point nº 4 - 19.4k: 2:12:52	Check-Point nº 5 - 20k: 2:17:07	Check-Point nº 6 - 20.2k: 2:19:32
Check-Point nº 7 - MM: 2:25:17	Check-Point nº 8 - 25k: 2:54:33	Check-Point nº 9 - 25.2k: 2:56:55
Check-Point nº 10 - 30k: 3:34:24	Check-Point nº 11 - 35k: 4:16:52	Check-Point nº 12 - 40k: 4:55:41
Check-Point nº 13 - 41.1k: 5:04:56		