



YOU WILL NEVER RUN ALONE

Diploma

CARLOS JESU

Race number: 2806 | Gender: M
Nationality: PORTUGAL
Club: RUNNING ESPINHO

Place: 1315 Age Group: M35 Place Age Group: 191

Time (iliquid): 3:49:23	Pace: 0:05:26	Time (liquid): 3:48:41
Check-Point nº 1 - 5k: 0:25:18	Check-Point nº 2 - 10k: 0:49:52	Check-Point nº 3 - 15k: 1:14:33
Check-Point nº 4 - 19.4k: 1:36:37	Check-Point nº 5 - 20k: 1:39:41	Check-Point nº 6 - 20.2k: 1:40:36
Check-Point nº 7 - MM: 1:45:17	Check-Point nº 8 - 25k: 2:05:33	Check-Point nº 9 - 25.2k: 2:06:27
Check-Point nº 10 - 30k: 2:31:57	Check-Point nº 11 - 35k: 3:02:44	Check-Point nº 12 - 40k: 3:35:56
Check-Point nº 13 - 41.1k: 3:43:14		