



YOU WILL NEVER RUN ALONE

Diploma

CRIS MACHADO

Race number: 2846 | Gender: F

Nationality: PORTUGAL

Club:

Place: 2501

Age Group: F40

Place Age Group: 61

Time (iliquid): 4:26:03

Pace: 0:06:18

Time (liquid): 4:24:58

Check-Point nº 1 - 5k: 0:27:48

Check-Point nº 2 - 10k: 0:53:59

Check-Point nº 3 - 15k: 1:20:37

Check-Point nº 4 - 19.4k: 1:44:49

Check-Point nº 5 - 20k: 1:48:20

Check-Point nº 6 - 20.2k: 1:49:26

Check-Point nº 7 - MM: 1:54:36

Check-Point nº 8 - 25k: 2:17:26

Check-Point nº 9 - 25.2k: 2:18:48

Check-Point nº 10 - 30k: 2:49:07

Check-Point nº 11 - 35k: 3:29:04

Check-Point nº 12 - 40k: 4:11:41

Check-Point nº 13 - 41.1k: 4:19:38