



YOU WILL NEVER RUN ALONE

Diploma

SANDRA LAGE

Race number: 2827 | Gender: F
Nationality: PORTUGAL
Club: BOAVISTA FC-TRAIL

Place: 1932

Age Group: F45

Place Age Group: 34

Time (iliquid): 4:06:41

Pace: 0:05:50

Time (liquid): 4:05:34

Check-Point nº 1 - 5k: 0:27:46

Check-Point nº 2 - 10k: 0:53:55

Check-Point nº 3 - 15k: 1:20:27

Check-Point nº 4 - 19.4k: 1:44:01

Check-Point nº 5 - 20k: 1:47:18

Check-Point nº 6 - 20.2k: 1:48:13

Check-Point nº 7 - MM: 1:53:19

Check-Point nº 8 - 25k: 2:15:23

Check-Point nº 9 - 25.2k: 2:16:22

Check-Point nº 10 - 30k: 2:45:12

Check-Point nº 11 - 35k: 3:18:44

Check-Point nº 12 - 40k: 3:53:11

Check-Point nº 13 - 41.1k: 4:00:22