



YOU WILL NEVER RUN ALONE

Diploma

ALVARO MARQUES

Race number: 79 | Gender: M

Nationality: PORTUGAL

Club: GINASIO CLUBE DE SANTO TIRSO

Place: 2502

Age Group: M60

Place Age Group: 79

Time (iliquid): 4:26:10

Pace: 0:06:20

Time (liquid): 4:26:07

Check-Point nº 1 - 5k: 0:28:00

Check-Point nº 2 - 10k: 0:55:22

Check-Point nº 3 - 15k: 1:23:05

Check-Point nº 4 - 19.4k: 1:48:03

Check-Point nº 5 - 20k: 1:51:35

Check-Point nº 6 - 20.2k: 1:53:32

Check-Point nº 7 - MM: 1:59:01

Check-Point nº 8 - 25k: 2:22:27

Check-Point nº 9 - 25.2k: 2:24:00

Check-Point nº 10 - 30k: 2:55:13

Check-Point nº 11 - 35k: 3:30:41

Check-Point nº 12 - 40k: 4:10:19

Check-Point nº 13 - 41.1k: 4:19:16