



YOU WILL NEVER RUN ALONE

Diploma

JOSÉ ANTÓNIO RIBEIRO

Race number: 2849 | Gender: M
Nationality: PORTUGAL
Club: MOTA-ENGIL RUNNERS

Place: 542 Age Group: M50 Place Age Group: 70

Time (iliquid): 3:24:52	Pace: 0:04:49	Time (liquid): 3:22:55
Check-Point nº 1 - 5k: 0:25:59	Check-Point nº 2 - 10k: 0:49:29	Check-Point nº 3 - 15k: 1:12:57
Check-Point nº 4 - 19.4k: 1:33:19	Check-Point nº 5 - 20k: 1:36:08	Check-Point nº 6 - 20.2k: 1:36:56
Check-Point nº 7 - MM: 1:41:13	Check-Point nº 8 - 25k: 1:59:39	Check-Point nº 9 - 25.2k: 2:00:27
Check-Point nº 10 - 30k: 2:23:18	Check-Point nº 11 - 35k: 2:47:01	Check-Point nº 12 - 40k: 3:12:32
Check-Point nº 13 - 41.1k: 3:19:06		