



YOU WILL NEVER RUN ALONE

Diploma

RUI JORGE FREITAS

Race number: 730 | Gender: M
Nationality: PORTUGAL
Club: ALL ABOUT

Place: 1805 Age Group: M50 Place Age Group: 221

Time (iliquid): 4:02:14	Pace: 0:05:45	Time (liquid): 4:01:47
Check-Point nº 1 - 5k: 0:26:25	Check-Point nº 2 - 10k: 0:51:35	Check-Point nº 3 - 15k: 1:17:17
Check-Point nº 4 - 19.4k: 1:40:08	Check-Point nº 5 - 20k: 1:43:16	Check-Point nº 6 - 20.2k: 1:44:20
Check-Point nº 7 - MM: 1:49:21	Check-Point nº 8 - 25k: 2:10:32	Check-Point nº 9 - 25.2k: 2:11:41
Check-Point nº 10 - 30k: 2:38:51	Check-Point nº 11 - 35k: 3:09:50	Check-Point nº 12 - 40k: 3:46:34
Check-Point nº 13 - 41.1k: 3:55:39		