



YOU WILL NEVER RUN ALONE

Diploma

HELDER MACHADO

Race number: 5832 | Gender: M

Nationality: PORTUGAL

Club:

Place: 2349

Age Group: M20

Place Age Group: 519

Time (iliquid): 4:21:29

Pace: 0:06:09

Time (liquid): 4:18:54

Check-Point nº 1 - 5k: 0:33:32

Check-Point nº 2 - 10k: 1:03:38

Check-Point nº 3 - 15k: 1:33:39

Check-Point nº 4 - 19.4k: 1:59:51

Check-Point nº 5 - 20k: 2:03:27

Check-Point nº 6 - 20.2k: 2:04:29

Check-Point nº 7 - MM: 2:10:07

Check-Point nº 8 - 25k: 2:34:02

Check-Point nº 9 - 25.2k: 2:35:03

Check-Point nº 10 - 30k: 3:04:33

Check-Point nº 11 - 35k: 3:35:38

Check-Point nº 12 - 40k: 4:06:21

Check-Point nº 13 - 41.1k: 4:15:15