



**YOU WILL NEVER RUN ALONE**

Diploma

**DANIEL FOLHA**

Race number: 2911 | Gender: M

Nationality: PORTUGAL

Club:

Place: 1784

Age Group: M50

Place Age Group: 217

Time (iliquid): 4:01:47

Pace: 0:05:43

Time (liquid): 4:00:19

Check-Point nº 1 - 5k: 0:28:19

Check-Point nº 2 - 10k: 0:53:55

Check-Point nº 3 - 15k: 1:20:14

Check-Point nº 4 - 19.4k: 1:42:30

Check-Point nº 5 - 20k: 1:45:39

Check-Point nº 6 - 20.2k: 1:46:35

Check-Point nº 7 - MM: 1:51:23

Check-Point nº 8 - 25k: 2:11:59

Check-Point nº 9 - 25.2k: 2:12:56

Check-Point nº 10 - 30k: 2:39:03

Check-Point nº 11 - 35k: 3:09:45

Check-Point nº 12 - 40k: 3:47:20

Check-Point nº 13 - 41.1k: 3:55:21