



YOU WILL NEVER RUN ALONE

Diploma

PAULO FERNANDES

Race number: 5865 | Gender: M
Nationality: PORTUGAL
Club: ATMPOUSADA

Place: 3098 Age Group: M20 Place Age Group: 674

Time (iliquid): 4:49:20	Pace: 0:06:51	Time (liquid): 4:47:43
Check-Point nº 1 - 5k: 0:27:39	Check-Point nº 2 - 10k: 0:52:48	Check-Point nº 3 - 15k: 1:17:55
Check-Point nº 4 - 19.4k: 1:42:05	Check-Point nº 5 - 20k: 1:45:42	Check-Point nº 6 - 20.2k: 1:47:18
Check-Point nº 7 - MM: 1:53:41	Check-Point nº 8 - 25k: 2:17:40	Check-Point nº 9 - 25.2k: 2:19:37
Check-Point nº 10 - 30k: 2:53:02	Check-Point nº 11 - 35k: 3:36:01	Check-Point nº 12 - 40k: 4:29:58
Check-Point nº 13 - 41.1k: 4:43:06		