



YOU WILL NEVER RUN ALONE

Diploma

NARCISO ABREU

Race number: 5870 | Gender: M

Nationality: PORTUGAL

Club: A.R.SEQUEIRÔ/DESTEMIDOS

Place: 3598

Age Group: M45

Place Age Group: 483

Time (iliquid): 5:33:15

Pace: 0:07:52

Time (liquid): 5:30:35

Check-Point nº 1 - 5k: 0:35:14

Check-Point nº 2 - 10k: 1:07:32

Check-Point nº 3 - 15k: 1:40:43

Check-Point nº 4 - 19.4k: 2:10:45

Check-Point nº 5 - 20k: 2:14:52

Check-Point nº 6 - 20.2k: 2:16:43

Check-Point nº 7 - MM: 2:23:00

Check-Point nº 8 - 25k: 2:52:25

Check-Point nº 9 - 25.2k: 2:54:30

Check-Point nº 10 - 30k: 3:35:40

Check-Point nº 11 - 35k: 4:23:30

Check-Point nº 12 - 40k: 5:11:45

Check-Point nº 13 - 41.1k: 5:23:09