



**YOU WILL NEVER RUN ALONE**

Diploma

**LILIANA CARDOSO**

Race number: 3073 | Gender: F  
Nationality: PORTUGAL  
Club: TBL

Place: 654      Age Group: F40      Place Age Group: 8

Time (iliquid): 3:29:30	Pace: 0:04:58	Time (liquid): 3:29:00
Check-Point nº 1 - 5k: 0:24:56	Check-Point nº 2 - 10k: 0:50:03	Check-Point nº 3 - 15k: 1:14:39
Check-Point nº 4 - 19.4k: 1:36:28	Check-Point nº 5 - 20k: 1:39:29	Check-Point nº 6 - 20.2k: 1:40:19
Check-Point nº 7 - MM: 1:44:56	Check-Point nº 8 - 25k: 2:04:08	Check-Point nº 9 - 25.2k: 2:04:59
Check-Point nº 10 - 30k: 2:28:43	Check-Point nº 11 - 35k: 2:53:24	Check-Point nº 12 - 40k: 3:18:21
Check-Point nº 13 - 41.1k: 3:24:15		