



YOU WILL NEVER RUN ALONE

Diploma

JOÃO TEIXEIRA

Race number: 5966 | Gender: M

Nationality: PORTUGAL

Club: RUNUP

Place: 2695

Age Group: M45

Place Age Group: 391

Time (iliquid): 4:33:27

Pace: 0:06:28

Time (liquid): 4:31:52

Check-Point nº 1 - 5k: 0:31:22

Check-Point nº 2 - 10k: 1:01:15

Check-Point nº 3 - 15k: 1:31:24

Check-Point nº 4 - 19.4k: 1:58:17

Check-Point nº 5 - 20k: 2:02:00

Check-Point nº 6 - 20.2k: 2:03:14

Check-Point nº 7 - MM: 2:08:59

Check-Point nº 8 - 25k: 2:33:56

Check-Point nº 9 - 25.2k: 2:34:58

Check-Point nº 10 - 30k: 3:04:42

Check-Point nº 11 - 35k: 3:37:58

Check-Point nº 12 - 40k: 4:17:18

Check-Point nº 13 - 41.1k: 4:26:04