



YOU WILL NEVER RUN ALONE

Diploma

CINDY ALVARES COUTO

Race number: 3197 | Gender: F
Nationality: PORTUGAL
Club: ONTRISPORTS

Place: 1694 Age Group: F20 Place Age Group: 63

Time (iliquid): 3:59:35	Pace: 0:05:39	Time (liquid): 3:57:40
Check-Point nº 1 - 5k: 0:29:59	Check-Point nº 2 - 10k: 0:57:34	Check-Point nº 3 - 15k: 1:25:04
Check-Point nº 4 - 19.4k: 1:49:08	Check-Point nº 5 - 20k: 1:52:33	Check-Point nº 6 - 20.2k: 1:53:30
Check-Point nº 7 - MM: 1:58:33	Check-Point nº 8 - 25k: 2:20:22	Check-Point nº 9 - 25.2k: 2:21:24
Check-Point nº 10 - 30k: 2:48:41	Check-Point nº 11 - 35k: 3:17:02	Check-Point nº 12 - 40k: 3:47:07
Check-Point nº 13 - 41.1k: 3:53:52		