



YOU WILL NEVER RUN ALONE

Diploma

ISABEL ROCHA

Race number: 6225 | Gender: F
Nationality: PORTUGAL
Club:

Place: 3430 Age Group: F50 Place Age Group: 91

Time (iliquid): 5:13:08	Pace: 0:07:23	Time (liquid): 5:10:11
Check-Point nº 1 - 5k: 0:35:42	Check-Point nº 2 - 10k: 1:08:01	Check-Point nº 3 - 15k: 1:44:00
Check-Point nº 4 - 19.4k: 2:14:38	Check-Point nº 5 - 20k: 2:18:46	Check-Point nº 6 - 20.2k: 2:20:04
Check-Point nº 7 - MM: 2:26:27	Check-Point nº 8 - 25k: 2:54:27	Check-Point nº 9 - 25.2k: 2:56:31
Check-Point nº 10 - 30k: 3:33:40	Check-Point nº 11 - 35k: 4:13:33	Check-Point nº 12 - 40k: 4:56:33
Check-Point nº 13 - 41.1k: 5:05:47		