



**YOU WILL NEVER RUN ALONE**

Diploma

**PAULO FERREIRA**

Race number: 6200 | Gender: M

Nationality: PORTUGAL

Club:

Place: 3744

Age Group: M45

Place Age Group: 501

Time (iliquid): 5:56:48

Pace: 0:08:24

Time (liquid): 5:53:24

Check-Point nº 1 - 5k: 0:35:46

Check-Point nº 2 - 10k: 1:08:01

Check-Point nº 3 - 15k: 1:49:21

Check-Point nº 4 - 19.4k: 2:27:16

Check-Point nº 5 - 20k: 2:31:23

Check-Point nº 6 - 20.2k: 2:33:03

Check-Point nº 7 - MM: 2:39:31

Check-Point nº 8 - 25k: 3:11:28

Check-Point nº 9 - 25.2k: 3:13:38

Check-Point nº 10 - 30k: 3:56:35

Check-Point nº 11 - 35k: 4:47:14

Check-Point nº 12 - 40k: 5:36:47

Check-Point nº 13 - 41.1k: 5:48:21